



Pain is a message you do not have to listen to

Kids Kicking Cancer's Heroes Circle program provides therapeutic martial arts classes and hospital visits for children and teens with any pediatric illness. Weekly classes at hospitals, clinics, and even the children's homes, teach traditional karate moves along with the mind-body techniques of meditation, breathing, relaxation, and visualization to dramatically lower pain levels.

Kids Kicking Cancer's mission is: *To ease the pain of very sick children while empowering them to heal physically, spiritually and emotionally*



Using martial arts therapy, Kids Kicking Cancer teaches seriously ill children & their siblings to:

- Regain a sense of control over the chaos of their lives
- Become empowered partners in their own healing
- Push away the messages of pain, fear, and anger
- Provide inspiration and light to others facing life-challenges
- Teach other children, and even adults, how to take control
- See themselves **as victors, not victims**

Martial arts techniques unlock the student's **POWER**, and the focused breathing and relaxation work brings them **PEACE**. While teaching Kids Kicking Cancer's Breath Brake® to others, they find great **PURPOSE** in their young lives.

Global Summary of Services:

- Martial arts classes and uniforms for all children in pain
- Relaxation, meditation and empowerment training for children and siblings
- Individual support during clinical procedures and hospitalizations
- Home visits as needed
- Workshops for health care professionals in Kids Kicking Cancer pain management techniques
- Special family events and outings (including Annual Belting Ceremony)
- Sibling support programs
- Group and individual parent counseling
- End-of-life and bereavement counseling
- Transportation to and from classes and events
- Resources through community partnerships (winter coats, food, holiday gifts, adopt-a-family)
- Referrals for medical and community resources

(Services may differ by region)



All services provided by Kids Kicking Cancer are at no cost to the children and their families. Children 3 years & older, and their siblings are eligible for the program.

HISTORY

Kids Kicking Cancer was created in 1999 by Rabbi Elimelech Goldberg, a black belt karate instructor and clinical assistant professor of pediatrics. Rabbi G lost his first child to leukemia at the age of two and brings a wealth of personal experience and sensitivity to dealing with children and families facing life-threatening illness.

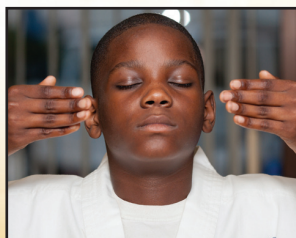
This program, which began with a handful of children at Children's Hospital of Michigan, now teaches over 7,000 children and teens a year in 90 hospitals and program locations in 7 countries.

The most unique and powerful element of the model is that each child becomes a teacher to others. Kids Kicking Cancer's mantra is *Power Peace Purpose*. When asked what is your purpose? The children yell out, "To teach the world."

Kids Kicking Cancer also has a "black-belt" program for patients who are not responding to treatments. This end of life care program provides ongoing meditation and family focus in a palliative format that culminates in the child receiving a black-belt.

Embroidered on the black-belt are the words "Master Teacher" because that child is truly teaching the world how to use the power of light to break through darkness.

Rabbi Goldberg is an awardee of the Robert Wood Johnson, Community Health Leaders Award in Washington D.C., known as the United States' highest award in community public health. He has been honored as a Hero in People Magazine, CNN Top Ten Heroes, and the Ford Motor Company's Heroes Gallery, amongst the many media stories featuring the work of Kids Kicking Cancer.



A 2016 study in the *Journal of Pediatric Health, Medicine and Therapeutics* evidenced how Kids Kicking Cancer's techniques profoundly lower the pain of sick children.

CHARACH GLOBAL CENTER

27600 Northwestern Hwy.
Suite 220
Southfield, MI 48034
Phone - (248) 864-8238
Fax - (248) 864-8245
www.kidskickingcancer.org
info@kidskickingcancer.org

United States Locations

- ✦ California
- ✦ Florida
- ✦ Illinois
- ✦ Massachusetts
- ✦ Michigan
- ✦ New Jersey
- ✦ New York
- ✦ Wisconsin

International Locations

- ✦ Canada
- ✦ Israel
- ✦ Italy
- ✦ South Africa
- ✦ Zambia
- ✦ Zimbabwe

Links

Kids Kicking Cancer on the Today Show:
bit.ly/KKC_Today_Show

Kids Kicking Cancer on Good Morning America:
bit.ly/KKC_GMA

Rabbi G. receiving the CNN Heroes Award:
bit.ly/KKC_CNN

One of our master teacher's receiving his black belt:
bit.ly/KKC_BB

Mass General Cancer Center video:
bit.ly/34sC1yM

Nelson Mandela Children's Hospital Launch:
bit.ly/2ENx6jx

Rabbi G's Book:
www.kkcbook.org

POWER PEACE PURPOSE

For further information call us at 248-864-8238
or email us at info@kidskickingcancer.org

